

HOLY BREAD

OCTOBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Repose of John the Theologian 8:20 am – Orthros 9:30 am – Div. Liturgy 10:20 am – Ch. School Community Dinner 2:00 pm SEPTEMBER 26	SEPTEMBER 27	7:00 am (Readers) Orthros SEPTEMBER 28	6:00 pm Vespers SEPTEMBER 29	6:00 am Men's Reading Group SEPTEMBER 30	St. Romanos the Melodist fast 1	8:00 am Men's Breakfast 6:00 pm Great Vespers & Compline 2
2 nd Sunday of Luke 8:20 am – Orthros 9:30 am – Div. Liturgy 10:20 am – Ch. School Memorial Bp ANTOUN Memorial Kh. Terry-Elizabeth Michele-5 loaves 3	SEPTEMBER 27 4	7:00 am (Readers) Orthros SEPTEMBER 28 5	Holy, Glorious Apostle Thomas St. Innocent of Alaska 6:00 pm Vespers fast 6	6:00 am Men's Reading Group SEPTEMBER 30 7	(In-Person!) Fall Gathering in Orinda October 8-10 fast 8	James the Apostle, son of Alphaeus 6:00 pm Great Vespers & Compline 9
3 rd Sunday of Luke 8:20 am – Orthros 9:30 am – Div. Liturgy 10:20 am – Ch. School Memorial- Douglas Shanoian Youth Group Linda-5 loaves 10	Philip the Apostle of the 70 Columbus Day 11	7:00 am (Readers) Orthros 7:00 pm Women's Book Study 12	6:00 pm Vespers fast 13	6:00 am Men's Reading Group 14	15	2:00 pm Oakes/Nacamuli Wedding 6:00 pm Great Vespers & Compline 16
Fathers of 7 th Ecumenical Council 8:20 am – Orthros 9:30 am – Div. Liturgy 10:20 am – Ch. School Marnye-5 loaves 17	Apostle Luke the Evangelist 18	7:00 am (Readers) Orthros 19	6:00 pm Vespers 7:00 pm Parish Council fast 20	6:00 am Men's Reading Group 9-11 am Koffee w/ Khouria 21	7 Holy Martyred Youths of Ephesus 9:00 am Divine Liturgy w/ children's catechism Linda- 1 loaf fast 22	James the Apostle, brother of Our Lord 6:00 pm Great Vespers & Compline 23
6 th Sunday of Luke 8:20 am – Orthros 9:30 am – Div. Liturgy 10:20 am – Ch. School Community Dinner 2:00 pm Youth Group Michele-5 loaves 24	25	Holy Great Martyr Demetrius the Myrrh-streamer 7:00 am (Readers) Orthros 7:00 pm Women's Book Study 26	6:00 pm Paraklesis fast 27	Holy Protection of the Theotokos 6:00 am Men's Reading Group 28	29	6:00 pm Great Vespers & Compline 30
5 th Sunday of Luke 8:20 am – Orthros 9:30 am – Div. Liturgy 10:20 am – Ch. School Memorial – Judith Hibberd Linda-5 loaves 31	Cosmas & Damien the Holy Unmercenaries NOVEMBER 1	7:00 am (Readers) Orthros NOVEMBER 2	6:00 pm Vespers NOVEMBER 3	6:00 am Men's Reading Group NOVEMBER 4	Martyrs Galation & his wife Episteme of Homs and Martyr Dominus of Homs NOVEMBER 5	8:00 am Men's Breakfast 6:00 pm Great Vespers & Compline NOVEMBER 6

* Fast = No meat, fish, dairy, eggs, alcohol, oil